

The Art OF AGING

Recreational Activities

Health Services

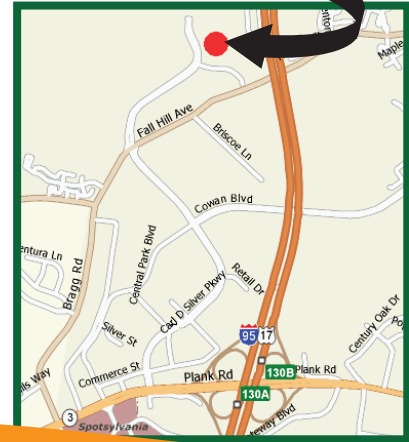
Educational Workshops

Life Begins at 50

Wednesday, June 8, 2016

10 am - 2 pm

Join us at the
Fredericksburg Expo Center
(behind Wegmans)



Free and Open to all!
DOOR PRIZES

Over 100 Area Organizations & Businesses, providing information about Health & Community Services. Assistive Listening & ASL Interpreters will be on site. Health Screenings include fall risk, vision & hearing, diabetes, blood glucose & pressure checks, body mass, and bone density. Line Dancing & Jazzercise demos, Wegmans Cooking demos, 14 Short Courses – and much more! Come experience what makes the Fredericksburg region so fabulous for the 50+ community!

Sponsored By:



**Mary Washington
Healthcare**

Here for you. Always.

THE
CROSSINGS
AT FALLS RUN

Poet's Walk
A Memory Care Community
Specializing in Alzheimer's & Dementia Care

**GREENFIELD
SENIOR LIVING**
CARING FOR THOSE WHO CARED FOR US

CHANCELLOR'S VILLAGE
A Senior Lifestyle Community

**AmeriHealth
Caritas**
Care is the heart of our work

95.9
WGRQ

AARP
Virginia

*Caring
Transitions*
Senior Relocation • Downsizing • Estate Sales



**Comfort
Keepers**
a sodexo brand

**Home
Instead**
SENIOR CARE

Hughes Home
Assisted Living & Adult Day



**Right
at Home**
In Home Care & Assistance

alzheimer's association®
THE BRAINS BEHIND SAVING YOURS™

AARP
Fredericksburg Chapter #3396

Bowling Green Health & Rehabilitation Center
A MEDICAL FACILITY OF AMERI HEALTH & REHABILITATION CENTER

BrightStar Care
HOME CARE | MEDICAL STAFFING
A Higher Standard

CARDINAL
INSTITUTE FOR HEALTH CAREERS



ClearCaptions
Get the whole conversation.

HEARTFIELDS
ASSISTED LIVING AT FREDERICKSBURG

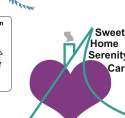
VA HealthScan
In partnership with
MWHC Radiologic Associates of Fredericksburg

oasis
SENIOR ADVISORS.

**Pro-Healthcare
SERVICING LLC**
A Home Healthcare Agency

SCOTT
INSURANCE & FINANCIAL SERVICES

540-847-2131



SPRING ARBOR
Spring Arbor of Fredericksburg

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**Central Rappahannock
Regional Library**



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